

ALLOWABLE FOOD PRODUCTS

The snack items listed below currently comply with the Arizona Nutrition standards. Only acceptable snack items may be sold in school stores. The list below is **not all inclusive and should only be used as a reference.**

Nutrition Standards for items being offered in school stores include:

- 300 calories or less
- 30% or less of total calories from fat (excluding nuts and seeds)
- 10% or less of total calories from saturated fat
- 35% or less of weight from sugars (excluding fruit, vegetables, and dairy)
- 1 or more grams of fiber

Chips/Pretzels/Popcorn

Chex Mix, Traditional (1.75 oz)
Doritos Baked Cooler Ranch (1.375 oz)
Doritos Baked Nacho Cheesier (1.375 oz)
Doritos Light Nacho Cheesier (1.375 oz)
Guiltless Gourmet Tortilla Chips, Blue Corn (2 oz)
Guiltless Gourmet Tortilla Chips, Chili Lime (2 oz)
Guiltless Gourmet Tortilla Chips, Spicy Black Bean (2 oz)
Lay's Baked KC Masterpiece BBQ Chips (1 1/8 oz)
Lay's Baked Original Potato Chips (1 1/8 oz)
Lay's Baked Sour Cream & Onion Chips (1 1/8 oz)
Lay's Light BBQ Chips (1 1/8 oz)
Lay's Light Original Chips (1 1/8 oz)
Ruffles Baked Cheddar and Sour Cream Chips (1 1/8 oz)
Ruffles Baked Original Chips (1 1/8 oz)
Ruffles Light Cheddar and Sour Cream Chips (1 1/8 oz)
Ruffles Light Original Chips (1 1/8 oz)
Stacey's Baked Pita Chips, Cinnamon Sugar (1.5 oz)
Stacey's Baked Pita Chips, Parmesan, Garlic & Herb (1.5 oz)
Stacey's Baked Pita Chips, Pesto & Sun Dried Tomatoes (1.5 oz)
Stacey's Baked Pita Chips, Simply Naked (1.5 oz)
Stacey's Baked Pita Chips, Texarkana Hot (1.5 oz)
Stacey's Soy Thin Crisps, Buttery Caramel (1.5 oz)
Stacey's Soy Thin Crisps, Sweet BBA (1.5 oz)
Stacey's Soy Thin Crisps, White Cheddar (1.5 oz)
Tostitos Baked Tortilla Chips
Popcorn, Microwave, Act II Mini Bags 94% Fat Free, Butter (1.2 oz)
Popcorn, Microwave, Act II 94% Fat Free, Butter (3 oz)
Popcorn, Microwave, Orville Redenbacher's Smart Pop 94% Fat Free, Butter (3 oz)

Cookies and Crackers

Austin Zoo Amino Crackers (2.12 oz)
Cheese-it Reduced Fat Crackers (1.5 oz)
Famous Amos Gingersnap Iced Low Fat Cookies (1.75 oz)
Keebler Elfin Crackers (2.125 oz)
Nabisco Barnum's Animal Crackers (2.125 oz)
Nabisco Teddy Grahams Chocolate (1.25 oz)
Nabisco Teddy Grahams Cinnamon (1.25 oz)
Nabisco Teddy Grahams Honey (1.25 oz)

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Pastries

Kellogg's Poptart, unfrosted-Blueberry (1 pastry 52g)
Kellogg's Poptart, unfrosted-Brown Sugar Cinnamon (1 pastry 52g)
Kellogg's Poptart, unfrosted-S'mores (1 pastry 52g)
Kellogg's Poptart, frosted-Frosted Blueberry (1 pastry 50g)
Kellogg's Poptart, frosted-Frosted Brown Sugar Cinnamon (pastry 50g)

Cereal Bars

Kellogg's All Bran (35g)
Brown Sugar Cinnamon
Honey Oat
Kellogg's Journey Bar (1.3 oz)
Apple Cinnamon
Carmel
Chocolate
Peanut Butter
Nutri-Grain Cereal Bars (37g)
Apple Cinnamon
Blueberry
Mixed Berry
Raspberry
Strawberry
Nutri-Grain Twist (37g)
Banana Nut
Cranberry Almond
Oatmeal Raisin
Quaker Oatmeal Breakfast Squares (60g)
Baked Apple
Banana Bread
Brown Sugar Cinnamon
Oatmeal Raisin
Raspberry Streusel

Granola Bars

Nature Valley Crunchy Granola Bars (42g)
Apple Crisp
Cinnamon
Maple Brown Sugar
Oat 'N Honey
Peanut Butter
Quaker Chewy (28g)
Butterfinger
Chocolate Chip
Chocolate Chunk
Peanut Butter & Chocolate
S'mores
Quaker Chewy Cookie & Milk (28g)
Chocolate Chip
Chocolate Chip Mint Cookie
Cookies & Cream
Quaker Chewy Fruit 'N' Crunch (40g)
Apple Crisp
Raspberry
Strawberry

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Granola Bars (continued)

Quaker Chewy Wholesome Favorites (28g)
Baked Apple
Cinnamon Sugar
Oatmeal Raisin

Energy/Sport Bars

Balance Outdoor Bar (50g)
Crunch Peanut
Honey Almond
Balance Trail Mix Bar (50g)
Cinnamon Oat & Honey
Fruit & Nut
Cliff Bar (68g)
Apricot
Baked Cherry Almond
Caramel Apple Cobbler
Carrot Cake
Chocolate Almond
Chocolate Brownie
Chocolate Chip
Chocolate Peanut Crunch
Cookies & Crème
Cool Mint Chocolate
Cranberry Apple Cherry
Crunchy Peanut Butter
Lemon Poppy Seed
Oatmeal Raisin Walnut
Spiced Pumpkin Pie
PowerBar Harvest Bar (65g)
Apple Crisp
Banana Nut
Carrot Cake
Cherry Crunch
Cinnamon Roll
Double Chocolate
Iced Oatmeal Raisin
Peanut Butter Chocolate Chip
Strawberry
Toffee Chocolate
PowerBar Performance Bar (65g)
Apple Cinnamon
Banana
Cappuccino
Chocolate
Chocolate Peanut Butter
Cookies & Cream
Malt Nut
Oatmeal Raisin
Peanut Butter
Raspberry & Cream
Vanilla Crisp
Wild Berry

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Energy/Sport Bars (continued)

Kashi GOLEAN Crunchy Bar (50g)
Chocolate Carmel Karma
Chocolate Peanut Bliss
Subline Lemon-Lime
Kashi GOLEAN Roll Bar (55g)
Carmel Peanut
Chocolate Peanut
Chocolate Turtle
Luna Bar (48g)
Toasted Nut & Cranberry

Nuts/Seeds

David's Pumpkin Seeds (2 oz)
David's Sunflower Seeds (2 oz)
Planter's Cashews (1.5 oz)
Planter's Peanuts (1.75 oz)
Planter's Smoked Almonds (1.5 oz)
Sabritos Peanuts, all flavors (1.75 oz)